

ANNUAL REPORT 2021

PAHCHAAN

Email: info.pahchaan@gmail.com
Website: http://www.pahchaan.info/

Address: 9/38 Canal Park, Main Market
Gulberg 2 Lahore, Pakistan
Tel: (042) 35762612

PAHCHAAN

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ACRONYMS

BLC	Basti Learning Centre
COVID-19	Coronavirus disease 2019
CPU	Child Protection Unit
FLW	Frontline Workers
IPLC	Ilm Power Learning Centre
MCHPC	Mother and Child Health Promotion Centre
MHPSS	Mental Health & Psychosocial Support Services
NGO	Non-Government Organization
UN	United Nation
UNICEF	United Nations Children's Fund
PAHCHAAN	Protection and Help of Children against Abuse and Neglect
PFA	Psychological first aid
SPSS	Specialized Psychosocial Support Services
VAC	Violence Against Children
VCAN	Voices for Children's Aspirations and Needs



NO CHILD IS SAFE UNTIL EVERY CHILD IS SAFE

FROM THE PRESIDENT



Dr. Naeem Zafar
President

I am so pleased to share the Annual Report of 2021 which focuses on our resilience as an organization and how we have seized opportunities to grow despite being amidst a humanitarian crisis like we have never seen before. The onset of COVID-19 meant that we were thrown into an uncertain and complex world. This forced us to rebalance several priorities, from surviving through the year with the whole team intact, to innovating rapidly into a digital age and continuing to further our mission. Thankfully, not only did we survive but we thrived. This period saw a significant acceleration in our mission. We reached thousands of children, women and family members during the COVID-19 and provided mental health and psychosocial support services; sensitized children and youth about the identification and prevention of violence against children; promoted positive parenting skills through in-person sessions as well as online medium; we also trained hundreds of caregivers of orphanages and institutions on the alternative care techniques with the support of UNICE. We managed 197 child abuse and neglected cases at Child Protection Unit in 2021 and 2205 in total since 2009. More than 4250 in 2021 and 11289 since 2019, children and mothers received free health services through Mother and Child Health Promotion Center, a joint initiative of Shahid Afridi Foundation and PAHCHAAN. More than 509 children have been passed out from Ilm Power Learning Center since 2017. During this period we joined hands with Meethi Zindagi to provide support and care to children with diabetes type 1. At the end I wish to appreciate the hard work of PAHCHAAN personnel and board for going an extra mile to support children during this pandemic. I also wish to extend gratitude to our donors, collaborators, partners and supporters especially UNICEF, Shahid Afridi Foundation, University of Lahore and Meethi Zindagi for helping us to help the children. The pandemic continues, yet I look forward to another year of innovation, learning and growth and charting a trajectory that will be best for our mission in a COVID and post COVID world. I feel extremely proud to lead a team of leaders who is so passionate and so perseverant.

Dr. Naeem Zafar
President

FROM THE DIRECTOR PROGRAM OFFICE



Mehek Naeem
Director Program Office

The year of COVID-19 has been extremely disruptive for our society, as we witnessed multiple COVID waves that significantly impacted the wellbeing of our society. This year was a demonstration of PAHCHAAN's strong fundamentals, which enabled us to demonstrate robust outcomes. PAHCHAAN was not just resilient against the shock of COVID, but instead improved outcomes across a variety of stakeholders during this time. PAHCHAAN has always been historically conservative in our approach to budgeting and expenditure. We were consequently able to maintain and support our workforce through these difficult times. Of equal importance, COVID meant that PAHCHAAN, like all other organizations, would have to materially change the way in which we worked. Despite the pandemic, we were able to work closely with community, schools and deliver high impact in a lockdown environment. More strikingly, the early investments made in PAHCHAAN's e-learn initiative were leveraged to provide content for large training initiatives across Pakistan, marking PAHCHAAN's entry into the digital space. This was supplemented by a series of webinars and culminated in significant outreach via promoting positive parenting.

We are glad that our efforts have reached some of the most marginalized families in the five big cities of Punjab, Lahore, Rawalpindi, Faisalabad, Gujranwala and Multan. It is also humbling to know that these efforts were visible and lauded by other digital and print media. As we look ahead, we realize that the last year was a turning point for us. PAHCHAAN now looks forward to continue the enhanced outreach that resulted in the COVID phase, and to be able to take our programs and initiatives to a larger audience.

Mehek Naeem
Director Program Office

OUR APPROACH

Our approach is modeled around Bronfenbrenner's Bio Ecological Theory of Human Development. With the support of our passionate team, donors, and collaborators, we address children's needs at all levels of their individual development starting from their close sphere of home and family to schools, healthcare, neighborhood and so on which then ranges to community, government, and authorities.

PAHCHAAN's ethos is to bring a hierarchical change starting from the grass root level and then influencing authoritative and governmental policies at a systemic level. Hence, we aim to create a balanced and holistically facilitated ecosystem for children to help them build better futures.



DOMAIN OF OUR WORK

Family Support

- When it comes to a child's well-being and nourishment, their family plays the most important role in that. A dysfunctional, problematic family life can incur long-term effects on a child's mental as well as physical well-being. However, a supportive family can completely shift that. Therefore, PAHCHAAN does not only work with Children singularly but also their families and counsels them of any psychological or psychosocial traumas in addition to helping them economically.

Education

- Every child has a born right to education. Education is what shapes up any individual's future and gives them a prosperous life and future. PAHCHAAN understands the gravity of how imperative education is to life, growth, and survival and therefore, strives continuously to provide children with the avenues and platforms to attain education. PAHCHAAN runs two free of cost learning centers "Ilm Power Learning Center" and "Basti Schools" in remote localities near Lahore, Punjab to provide free and valuable education to destitute kids.

Health & Nutrition

- Health is Wealth and until or unless the child is healthy, they are not equipped with the right tools and arms to face all challenges of life. Access to basic health facilities and clean nutrition can help transform a child's life and this is the reason that PAHCHAAN strives to facilitate children with that.

Safety & Protection

- PAHCHAAN – a center for protection and help of children against abuse and neglect was founded on the very idea of providing physical and mental support to children affected of abuse, neglect, or traumas. For a child to lead a healthy and balanced life, their mental and physical well-being serve as two necessary pillars of support. Hence, PAHCHAAN works tirelessly to ensure that and has two operational units namely "Child Protection Unit" and "Mother & Child Health Promotion Unit" in Children's Hospital Lahore and Malikpur Village near DHA Phase 8 Lahore, respectively.

1. ABOUT PAHCHAAN

PAHCHAAN – an acronym for Protection And Help of CHildren Against Abuse And Neglect; is a not-for-profit child rights and protection organization working to enhance and better the future of several families in Pakistan. For around two decades now, PAHCHAAN has worked tirelessly in the field of family support, provision of necessary training and knowledge for parents and alternative carers, and helping families stabilize financially and economically with an aim to uplift the lives of thousands of households in the country. At PAHCHAAN, we believe that elevating the lives of families by providing them essential healthcare, economic and educational facilities will result in safeguarding a brighter future for generations to come.

1.1. Our Vision

“Grow with giggles" signifies a child who is healthy, happy, safe and lives in a learning, nurturing, secure, and enabling environment, where he/she is being cared for in his/her best interest and PAHCHAAN envisions that.

1.2. Our Mission

PAHCHAAN's mission is in line with the United Nations's Convention on the Rights of the Child to continuously and tirelessly work helping children who are forced to work, displaced from their homes, discouraged from gaining education, denied basic health and nutrition, or who are at risk for abuse and neglect. PAHCHAAN works with the parents, teachers, social scientists, health care professionals and all care providers providing them with awareness, building their capacity and advocating through scientific research.

1.3. Our Core Values



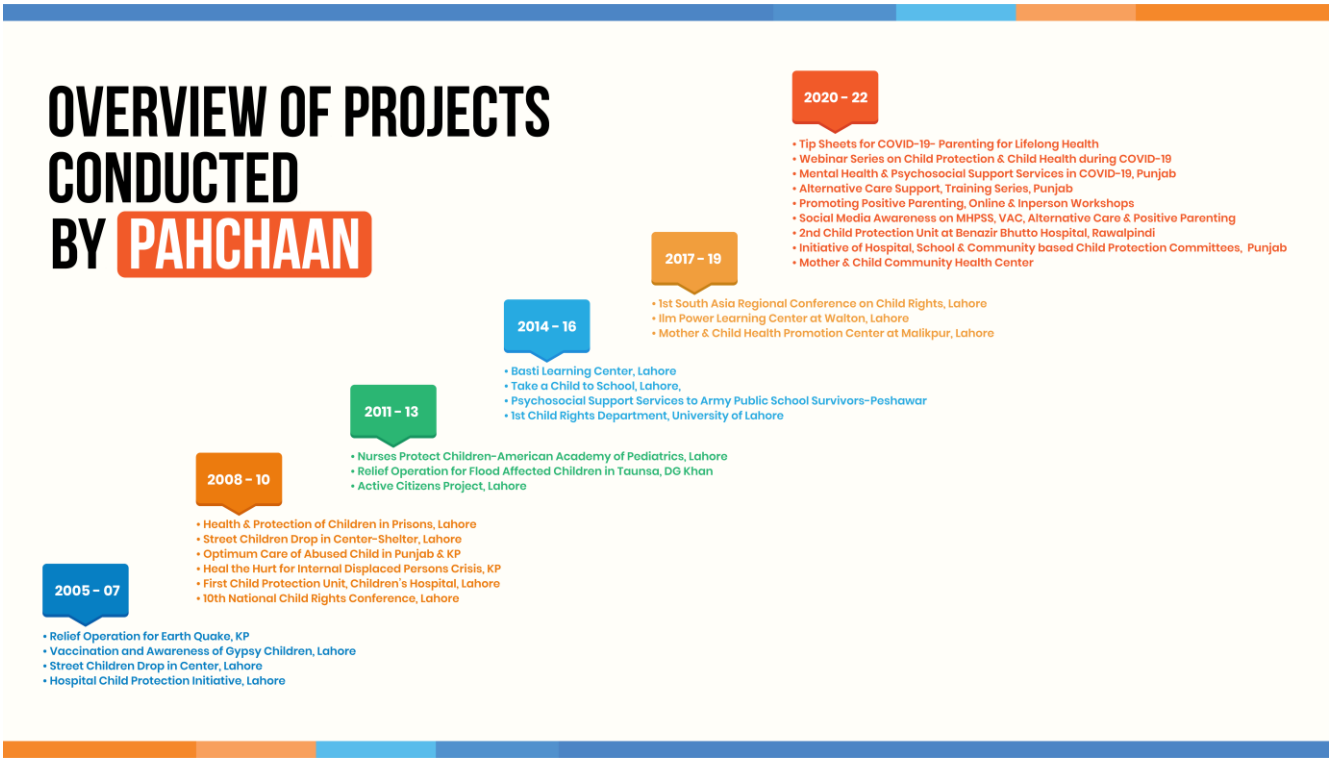
1.4. Our Program Areas

PAHCHAAN'S work can be broadly categorized into 4 main program streams which include:



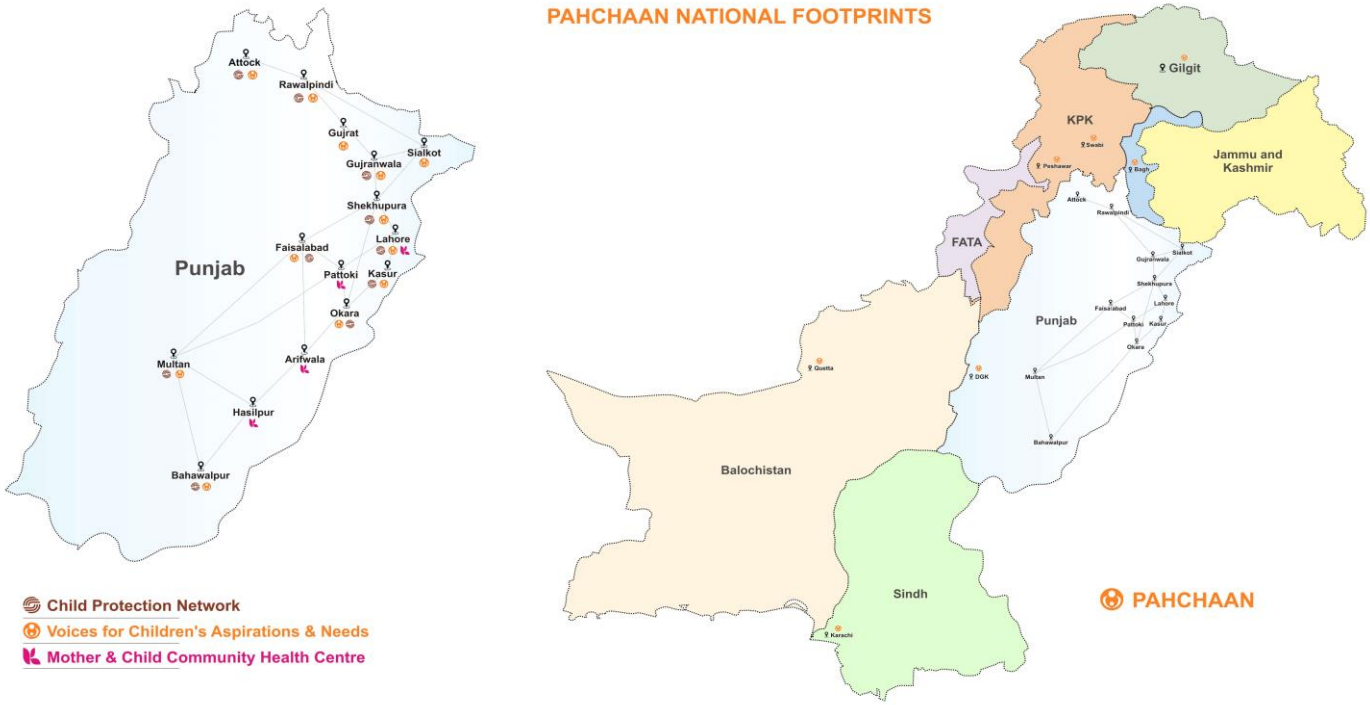
1.5. PAHCHAAN over the Years

Overview of Projects PAHCHAAN completed since 2005



1.6. Geographical Presence of PAHCHAAN in Punjab

PAHCHAAN's head office is situated in Lahore but scope of our work reaches across Punjab. Currently our work is mainly focused in Lahore and 9 other districts of the Punjab province.



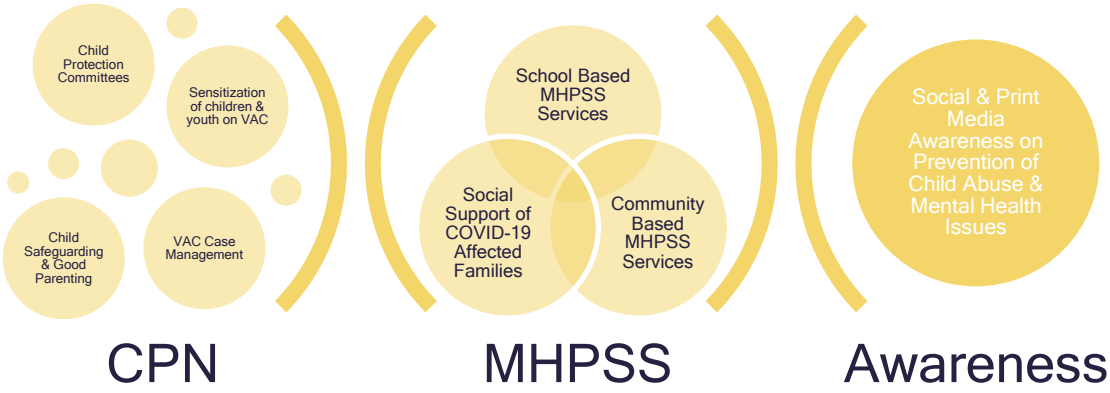
1.7. Organizational Structure



2. CURRENT PROJECTS

2.1. Child Protection Network

After the successful implementation of 1st phase of the project, PAHCHAAN extended its work in other 5 districts of Punjab to provide mental health & psychosocial support services to children, women and family members in all 10 districts and also sensitized children, youth, parents and care providers on the prevention of children abuse and neglect. PAHCHAAN also raised awareness and trained parents and care providers on the protection of children in COVID-19 in physical spaces and cyber space from abuse, bullying and violence. Through is support from the UNICEF, PAHCHAAN will be able to establish child protection network in Punjab involving all stakeholders to create a safe space for children in the community, schools and hospitals.



OBJECTIVE-I: Protection from Violence against Children (VAC) during and post COVID-19

OBJECTIVE-II: Mental Health & Psychosocial Support Services (MHPSS) and Prevention from Stigma and Discrimination during & post COVID-1

Below tables are showing results starting from 25 August 2021 to 31 December, 2021.

Staff & Youth training

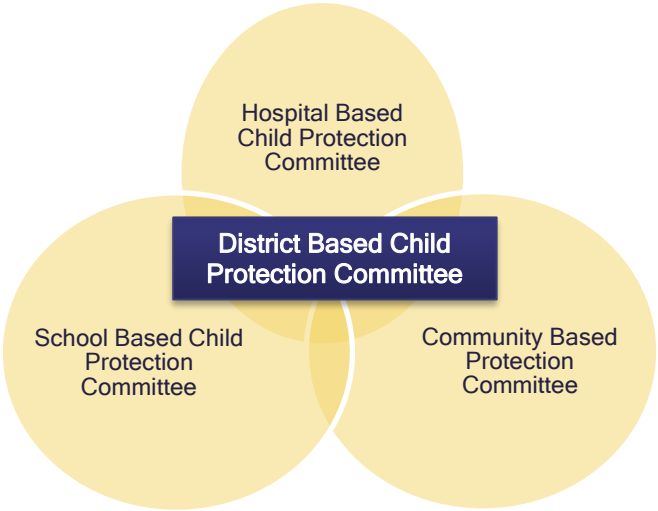
68 staff members and volunteers from Youth Volunteers (VCAN) have been equipped on prevention, are able to safely identification and refer the child abuse cases to Child Protection Networks/child protection committees.



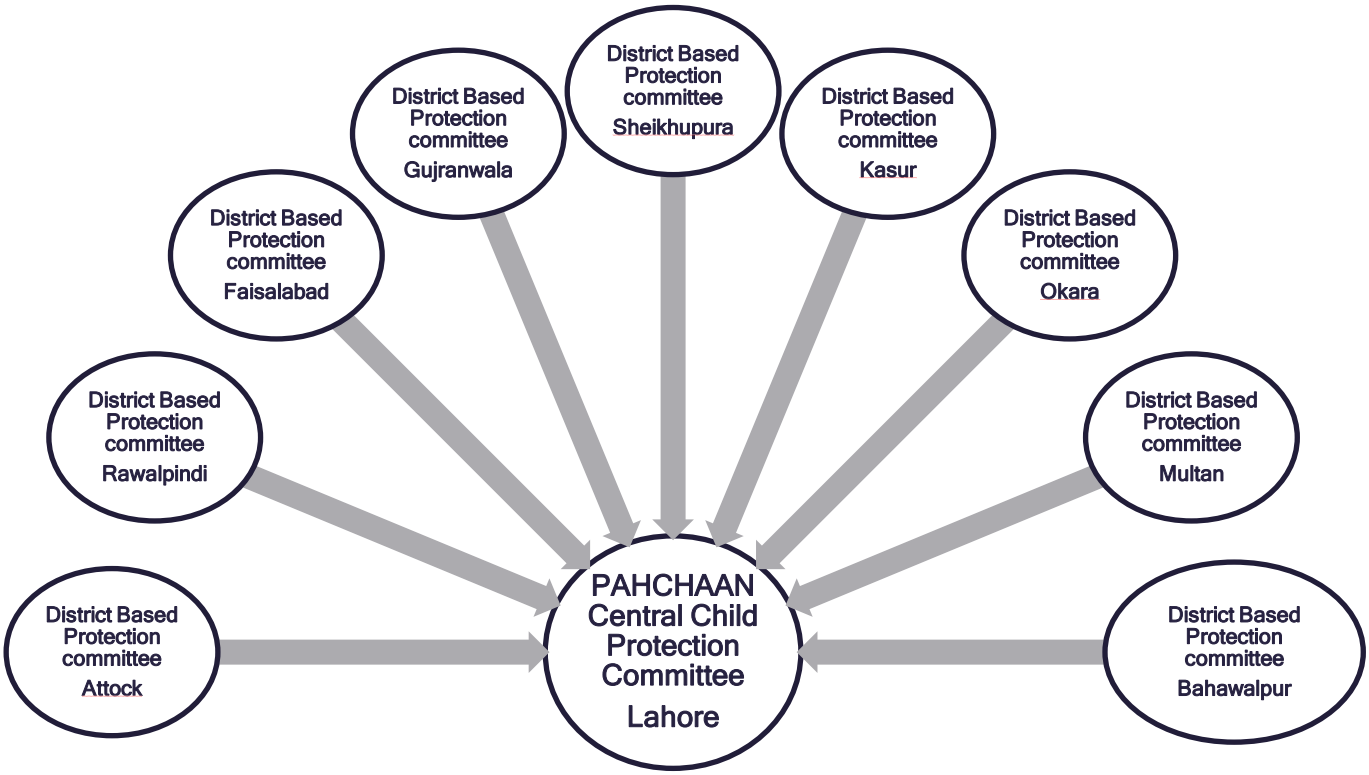


Establishment of Child Protection Network

Holistic Approach: Child Protection Committees at District Level



Child Protection System Building in Punjab



- **District based Child Protection Committee**

41 social service workforce including health professionals and other social workers have been equipped to provide orientation on the prevention, identification, referral and management of child abuse and neglected cases at district level.





- **School based Child Protection Committee**

Team succeeded to established school based child protection committees in seven districts in which 10 to 12 individuals agreed to be part of the committee in each district including representative of Govt Education Department.





Community based Child Protection Committee

Community based Child Protection Committees have been established in seven districts in which 10 to 12 individuals agreed to be part of the committee in each district including representative of Govt Social Welfare Department.



Child Safeguarding

333 community members including parents, teachers and other stakeholders have been equipped with knowledge and skills to prevent and safeguard children from VAC.

District	Target (District)	Men (15)	Women (35)	Total (50)
Lahore	50			
Rawalpindi	50	18	12	30
Faisalabad	50	44	26	70
Multan	50	36	24	60
Gujranwala	50			0
Attock	50	38	3	41
Okara	50	40	22	62
Kasur	50			0
Bahawalpur	50	46	16	62
Sheikhupura	50	6	2	8
Total	500	228	105	333





Good Parenting

175 parents and caregivers have knowledge on good parenting and can better care of their children through in person sessions.

District	Target (District)	Men (15)	Women (35)	Total (50)
Lahore	50	8	24	32
Rawalpindi	50	25	13	38
Faisalabad	50	6	11	17
Multan	50			
Gujranwala	50	17	5	22
Attock	50			

Okara	50	12	28	40
Kasur	50		18	18
Bahawalpur	50			
Sheikhupura	50		8	8
Total	500	68	107	175





Youth-VAC Sessions

804 youth members (548 girls and 256 boys) have better understanding on violence against children issues and as youth groups can safely identify and report abuse cases from the community to Child Protection Network through Community based Child protection committee.

District	Target (District)	Boys (50)	Girls (50)	Total (50)
Rawalpindi	100	97	14	111
Multan	100	135	101	236
Gujranwala	100	24	37	61
Okara	100		396	396
Total	1,000	256	548	804





VAC Referrals

40 VAC cases have been referred and received protective services.

District	Boys	Girls	Total
Lahore	28	12	40
Total	28	12	40

MHPSS-Community

Psychological First Aid & Psychological Support Services have been provided to 1059 community members including 417 girls, 356 boys, 122 women and 110 men.

District	Men	Women	Boys	Girls	Total
Lahore	6	39	120	202	367
Rawalpindi	91	54	44	82	271
Faisalabad			72	81	153
Multan		10	38	38	86
Kasur	13	19	46	31	109
Sheikhupura			36	37	73
Total	110	122	356	471	1,059





MHPSS-School

5000 teachers, parents and students (2000 girls, 2000 boys, 750 women and 250 men) will also be provided Mental Health & Psychosocial Support Services (MHPSS) including information on stigma and discrimination prevention, vaccine hesitancy, and awareness on mental health problems of children after re-opening of schools due to prolonged school shutdown, addressing issues highlighted during the first year of MHPSS intervention. Teachers, parents and students will be better equipped to manage or to report these issues in schools and homes. The teachers and parents will also be guided on how to

refer the children for specialised services (offline/online) in needed by using contact details existing helpline/MHPSS services.

District	Men	Women	Boys	Girls	Total
Lahore			216	278	494
Rawalpindi	4	4	54	0	62
Faisalabad			111	0	111
Multan		9	221	137	367
Okara				204	204
Bahawalpur	10	10	220	165	405
Total	14	23	822	784	1,643





Specialized Psychosocial Support Services

500 children, women and family members (150 girls, 150 women, 125 boys, and 75 men) with severe psychological problems will be identified and provided with specialized psychological support services by project supported psychologists.

District	Target	Men	Women	Boys	Girls	Transgender	Total
Lahore	50		4	15	27		46
Rawalpindi	50				11		11
Faisalabad	50				4		4
Multan	50			30	23		53
Gujranwala	50		4	4	0		8
Bahawalpur	50				5		5
Total	500		8	49	70		127

Social Support Services

500 severely COVID-19 affected families and members will be identified and referred for social and financial support such as through Microfinance/Ehsaas Program/Kamyab Jawan where required and if available. PAHCHAAN will also mobilized resources through local philanthropists wherever possible for same purpose.

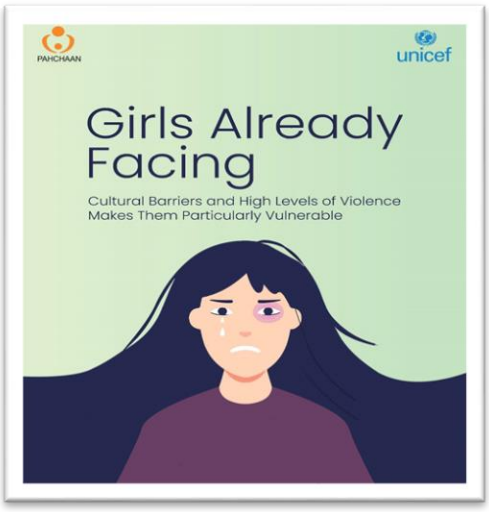




Social & Print Media Awareness

Over 3.4 million community members were sensitized through print and social media awareness messages on prevention of stigma, discrimination, violence against children and good parenting practices and alternative care through behavior change communication.





2.2. Mental Health & Psychosocial Support Services in COVID-19

From August 2020 to August 2021, PAHCHAAN implemented the project "Protection from Violence Against Children and Mental Health & Psychosocial Services to vulnerable Children and families during and post COVID-19 in five high burden districts of Punjab" under Corona virus (COVID 19) pandemic Emergency Response supported by UNICEF. The project was implemented in close collaboration with the health and social welfare departments and Child Protection and Welfare Bureau of Government of Punjab and UNICEF in order to achieve best results. Five Districts with the most cases of COVID-19 were

identified for interventions including Lahore, Gujranwala, Faisalabad, Multan and Rawalpindi. Project was implemented to achieve three objectives, firstly, Mental Health & Psychosocial Support Services (MHPSS) on Prevention from Stigma and Discrimination, secondly, Awareness on Prevention of Violence Against Children and thirdly, Good Parenting and Alternative Care.

To achieve first objective, Mental Health & Psychosocial Support Services (MHPSS) including prevention from Stigma and discrimination was provided to 10,658 vulnerable children, women and families living in most difficult circumstances in COVID-19 high burden districts of Punjab. Of these, 703 children (girls and boys) and 396 women and family members were provided specialized mental health and psychosocial services. 857,534 community members of high burden districts were made aware on prevention from stigma and discrimination through behaviour change communication including online and printed awareness messages. To prevent violence against children, 668 children (girls and boys) and youth members were better equipped through participatory activities, 172 children received referral services to protective services, CP&WB, Hospital based Child Protection Unit and other authorities. 820,595 community members including parents and other family members were made aware of cyber safety and preventing violence against children through communication for development online and printed materials. Capacity building initiative to strengthen 509 social service workforce, childcare workers, law enforcement agencies and other service providers on different aspects of care including alternative care, minimum care standards, correctional and law enforcement, family based or like care, child rights based programming, SoPs on unaccompanied and separated children through 48 master trainers. Capacity building of 298 parents, families, teachers and care givers on Good Parenting and quality of care according to children specific protection needs through online courses, so that they could look after the children better and with a more child rights based focus. 1,027,554 community members of high burden districts were made aware on good parenting practices and alternative care through behavior change communication including online and printed awareness messages.

During the life the project, team faced different challenges, COVID-19 restrictions including lock down, closure of education institutions and limited movement, on the other side, it was expected that trained frontline workers would be helping team to achieve objectives but their limitations did not allow them to conduct cascaded PFA sessions. To tackle these challenges, team moved in the field and arranged community sessions with help of Government Departments, Civil Society Organization, Community Based Organizations (CBOs) and trained interns.

Objectives of the Project

- Mental Health & Psychosocial Support Services (MHPSS) on Prevention from Stigma and Discrimination
- Awareness on Prevention of Violence against Children
- Good Parenting and Alternative Care

Objective-I: Mental Health & Psychosocial Support Services (MHPSS) on Prevention from Stigma and Discrimination

Frontline Workers

305 front line workers, social work force and care providers were trained to better take care of children and women by providing Psychological First Aid (PFA) and Psychosocial Support Services (PSS). They were also trained to refer the severe cases for specialized services in 5 high burden districts of Punjab.

District	Target	Men	Women	Transgender	Total
Lahore	20	36	110	2	148
Rawalpindi	20	12	23		35
Faisalabad	20	15	11		26
Multan	20	7	30		37
Gujranwala	20	14	45		59
Total	100	84	219	2	305

Psychological First Aid (PFA)

In five high burden districts of Punjab, PAHCHAAN team identified hotspots as entry points for providing Psychological First Aid and Psychosocial Support Services to COVID-19 affected children, women and family members. Team approached 10658 children, women and family members to provide them PFA & PSS.





District	Target	Men	Women	Boys	Girls	Transgender	Total
Lahore	2000	158	473	727	949	2	2309
Rawalpindi	2000	646	440	1074	682		2842
Faisalabad	2000	93	331	690	370		1484
Multan	2000	313	576	457	617		1963
Gujranwala	2000	227	391	943	499		2060
Total	10000	1437	2211	3891	3117	2	10658

Specialized Psychosocial Support Services (SPSS)

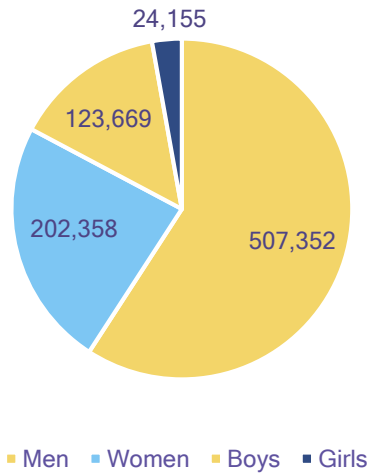
1175 children, women and family members were provided Specialized Psychosocial Support Services who were under severe distress due to COVID-19.

District	Target	Men	Women	Boys	Girls	Transgender	Total
Lahore	200	47	140	107	179	2	475
Rawalpindi	200	34	81	9	53	-	177
Faisalabad	200	-	28	126	7	-	161
Multan	200	22	96	102	38	-	258
Gujranwala	200	3	29	50	22	-	104
Total	1,000	106	374	394	299	2	1,175

Social Media Outreach

857,534community members including children, parents, women and families were provided awareness through viewing social media messages, online and printed material on prevention of stigma and discrimination in the five high burden districts of Punjab.





Objective-II: Awareness on Prevention of Violence against Children

Training on Prevention of Violence against Children

PAHCHAAN has been working with young people from different universities and colleges and has active youth groups. It has also mentored Voices for Children's Aspirations and Needs (VCAN) Student Society. These young people were excited to join the campaign of Prevention of Violence Against Children. PAHCHAAN led these youth groups to empower 668 young people (boys and girls) to participate in preventing violence against children through participatory activities.

District	Target	Boys	Girls	Total
Lahore	100	57	42	99
Rawalpindi	100	72	65	137
Faisalabad	100	90	18	108
Multan	100	60	94	154
Gujranwala	100	99	71	170
Total	500	378	290	668

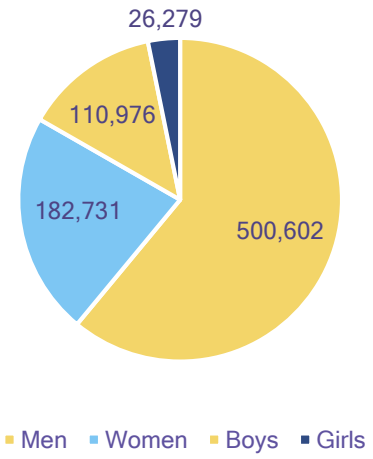
Referral Services

Referral services were provided to 172 children who faced violence, they were referred protective services, CP&WB, Hospital based Child Protection Unit and other authorities for appropriate case management of violence, abuse and exploitation including sexual abuse.

District	Target	Men	Boys	Girls	Total
Lahore	100	1	54	41	95
Rawalpindi	100	-	2	4	6
Faisalabad	100	-	14	-	14
Multan	100	-	50	2	52
Gujranwala	100	-	-	5	5
Total	500	1	120	52	172

Social Media Outreach

820,596 community members including parents and other family members were made aware of cyber safety and preventing violence against children through communication for development.





Objective-III: Good Parenting and Alternative Care

Training of Trainers

48 Master Trainers were trained from Social Work force for cascaded training of their respective staff on alternative, parenting skills (good parenting) care, minimum care standards, rights based programming, family tracing, reintegration and rehabilitation services for children in institutional care and on SoPs on unaccompanied and separated children.

District	Target	Men	Women	Total
Lahore	8	13	20	33
Rawalpindi	8	1	1	2
Faisalabad	8	1	2	3
Multan	8	2	3	5
Gujranwala	8	3	2	5
Total	40	20	28	48





Cascaded Trainings on Alternative Care

509 participants among Child Care Workforce including government and NGO child-care workers, duty bearers and law enforcing agency workers were trained through cascaded trainings by master trainers on alternative care, minimum care standards, rights based programming, family tracing, reintegration and rehabilitation services for children in institutional care and on SoPs on unaccompanied and separated children.



District	Target	Men	Women	Total
Lahore	100	61	139	200
Rawalpindi	100	46	23	69
Faisalabad	100	54	13	67
Multan	100	41	43	84
Gujranwala	100	52	37	89
Total	500	254	255	509

Online Course on Good Parenting

298 caregivers including parents and other family members were able to look after their children better and with a more child rights based focus through online courses.

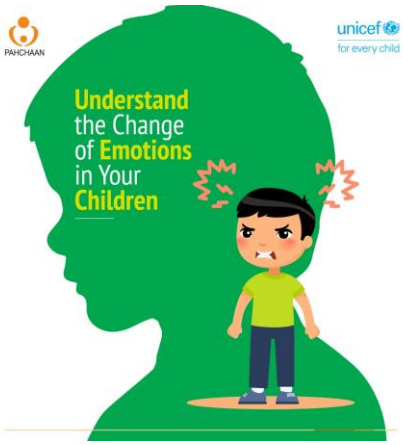
District	Target	Men	Women	Total
Faisalabad	40	2	8	10
Gujranwala	40	6	12	18
Lahore	40	36	153	189
Multan	40	10	36	46
Rawalpindi	40	8	27	35
Grand Total	200	62	236	298

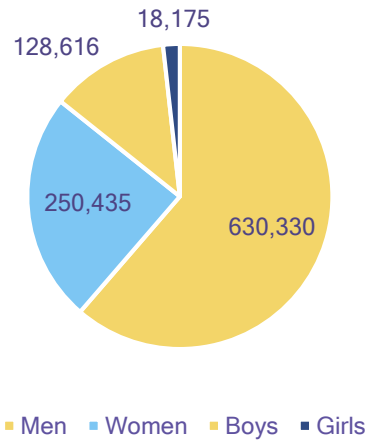




Social Media Outreach

1,027,555 community members of high burden districts were made aware on good parenting practices and alternative care through behavior change communication.





Accomplishments

- Breaking the Taboo of Speaking on Mental Health Needs
  - More confident in discussing difficulties, and demanding for solutions to improve their mental health and wellbeing.
- Speaking up on Violence Against Children
  - Children have been vocal and have reported many cases of child abuse and neglect.
- Speaking up on Relationship Issues
  - Both men and women are sharing their family conflicts because of COVID-19. Children have also reported witnessing domestic violence and suffering from it.
- Wealth of Data
  - The data being collected from these beneficiaries, can be analyzed for research purposes.
- Power of Social Medial
  - Efficient use of behavior change communication messages through social media on Stigma prevention, violence against children and parenting messages have reached more than 2 million members of community, increasing their awareness on these issues.

- A dedicated line for psychosocial counselling of children and families in need is functional.
- Collaboration with 15 departments including Child Protection & Welfare Bureau, Social Welfare Departments, Punjab Prisons Department, Population Welfare Department etc.
- Coordination with 45 CSOs in all five districts including AAWAZ II partners.

2.3. Mother & Child Health Promotion Center (MCHPC)

A joint initiative of Shahid Afridi Foundation and PAHCHAAN which is providing medical health facilities to the mothers and children of Malikpur, Lahore, which includes Medical Consultation, Nutritional Assessment and Counselling, Vaccination, Growth Monitoring of Children, Family Planning, Antenatal & Postnatal care, Psychological Support and Adolescent Health as well as supporting active research based on skills and developmental program. The initiative started providing free-of-cost facilities from June 01, 2019, onwards.

Available Services

Female & Adolescents Health Care

- Generalized Health Care
    - Deal with Disease of various Systems of Human body. For example, Hypertension, Diabetes, Fever, Diarrhea, Dermatitis etc.
- Treatment and Prevention of Sexually Transmitted Disease
    - Make Aware to patients about STD's and how to prevent them by taking accurate measures
- Menstrual Irregularity
    - Provides information to female patients about menstrual pain, irregularity and fertility
- Family Planning Services and Methods
    - Copper-T
    - Contraceptive pills
    - Emergency pills
    - Depo Injection (medroxyprogesterone acetate)
- Antenatal Care
    - Ensure folic acid intake in first trimester
    - Ensure multivitamin intake
    - Ensure anomaly scan
    - Ensure pelvic exercise in last trimester
- Postnatal Care
    - Ensure mother to check her HB level

- Ensure to take multivitamins
- Nutrition management
- Ensure mother to have enough food and maintain nutritional support
- To ensure psychological support

- Mental Health & Psychosocial Support Services
  - MHPSS Services including specialized psychological support
- Nutrition Management Guidelines
  - To ensure nutrition is maintained properly

Child Health Care

- Generalized Health Care
  - General diseases in children like fever, diarrhea, vomiting, and dermatitis are treated and psychological support to children is provided so that they can be mentally and physically healthy.
- Neonatal Care, Breastfeeding and Weaning
  - To ensure mothers to breastfeed their child for 2 years
  - After 2 years take good care of nutritional status of child
  - Make sure that their child is vaccinated on time

Vaccinations

- MCHPC served as vaccination center by the Govt of the Punjab for COVID19.
- Vaccination of Hepatitis B
- Vaccination of measles & rubella

Home Visitation

- Community Mobilizer visits
  - To motivate people to visit the centre
  - To inform them about the facilities provided at our centre
  - To educate them about family planning methods
  - Counselling on personal hygiene, water and sanitation
  - Prevention of dengue
  - Counselling on Child Safeguarding
  - Counselling on family planning etc
- Referral

- Red flags are identified and high-risk cases are referred to secondary and tertiary care hospitals.

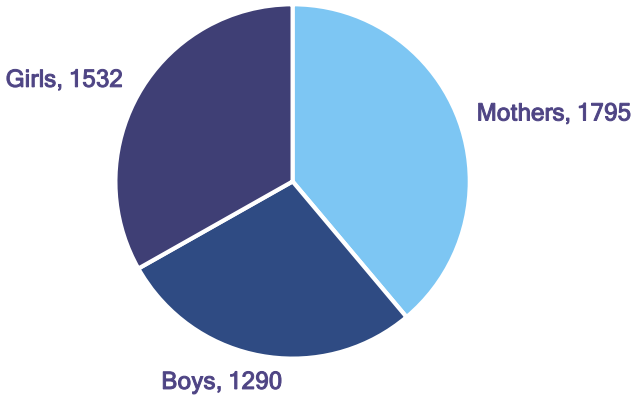
Health Promotion

- Cleanliness of Surrounding Area of Institute
  - Cleanliness of Institute Street and surroundings is made ensure so that we can provide clean and healthy environment to the community.
- Skill Development in Health Care
  - Personal hygiene
  - Nutrition management
  - Parenting skills
  - Counselling on family care

Services provided

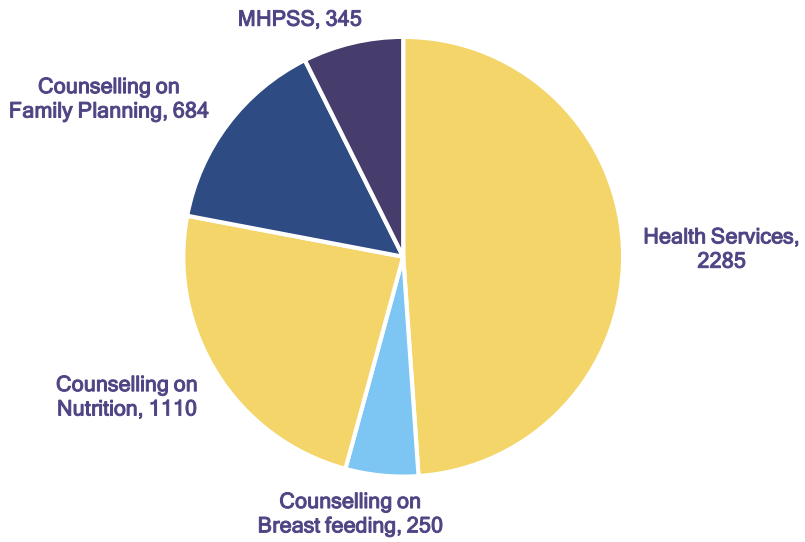
Number of Children and Mothers visited MCHPC in 2021

1532 girls, 1290 boys and 1795 mothers visited MCHPC in 2021.



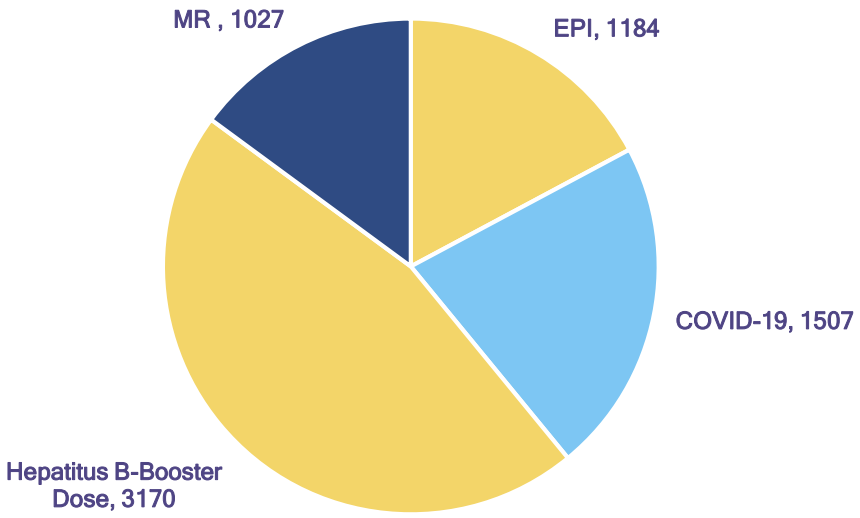
Number of Children and Mothers Received Services

4617 children and mothers visited MCHPC during the year 2021 and received services; 1110 children and mothers came with nutritional deficiency, 430 patients with diarrhea, 470 with scabies, 400 with Respiratory tract infections, 300 with Gastroesophageal reflux disease, 115 with diabetes, 415 with hypotension and other mental health problems, 684 mothers received family planning services including methods and counselling, 250 mothers were sensitized about the breast feeding, 200 patients with dermatitis and 120 women came with menstrual irregularity problem.



Number of people received Vaccination

MCHPC was declared vaccination center for COVID-19 for Malikpur and nearby villages in the month of August 2021 and 1507 people received vaccination on the other side, 3170 people received booster dose of Hepatitis B, 1184 and 1027 individuals were vaccinated for EPI and Measles & Rubella respectively.



Activities

Meeting with Sarwar Foundation

A meeting was held between Sarwar Foundation Staff and MCHPC Staff on 21 January 2021 at mother and child health promotion centre. Sarwar Foundation was keen towards the awareness of Hepatitis and they appreciated the efforts of SAF & PAHCHAAN. They wanted to facilitate deserving community through free tests, PCR and Hepatitis medicines.



Delegation from Punjab University

Students from Punjab University Visited Shahid Afridi MCHPC Malikpur Lahore. Children from the society were psychologically assessed by the Student and Psychologist Miss Faria. It provides Psychological support and improvement to Children and also promotes mental health awareness in the society.



Delegation from PAHCHAAN

A delegation from PAHCHAAN visited MCHPC and discussed the issues of people in Malikpur. They identified areas of improvements like lack of awareness material at the center, family card system etc and suggested actions. On the other they visited community and met with people and discussed their problems. The major issue of the area was the water and sanitation and cleanliness. Community embers appreciated the efforts of PAHCHAAN and Shahid Afridi Foundation in the Malikpur village and ensured their full support.



COVID-19 Vaccination Center



Mother and Child Health Promotion Center is not only Providing Health Services to the Community but also paying Special attention in providing vaccination facility to the Community. In this respect we have taken another step and started providing COVID-19 Vaccination to the Community and educating th em to take Precautionary measures to protect themselves and others and play a part in Controlling COVID-19 in Pakistan. Malikpur total Papulation include 9000 in which 1507 persons have been vaccinated.

Hepatitis-B Vaccination



Mother and Child Health Promotion Center also Participated in a Hepatitis-B Vaccination derive for Children from 2 to 12 Years and above. Hepatitis-B Vaccination confers long term Protection Against clinical Illness and Chronic Hepatitis-B Infection**.** More than 3170 individuals received Hepatitis B vaccine during 2021.

Typhoid Campaign



Typhoid Campaign Started from 1st Feb to 19th Feb. MCHPC actively participated in this campaign and 248 Children were vaccinated in the centre. Our Community Mobilizer was the integral part of this campaign and she ensured that every individual especially Children would be Vaccinated on time. Our Staff and Doctor were also vigilant and active throughout this typhoid Campaign. Community Mobilizer also mobilized and sensitized people during her community visits about the precautionary measures of typhoid fever.

Dengue Control Campaign.



Dengue is an acute febrile illness and public health problem in the tropics and subtropics worldwide. With the incidence of dengue being all high in the country. The MCHPC held a series of meeting to provide education and increase awareness in the Community that the best way to reduce chances of acquiring the illness is to eliminate the places where the mosquito lay eggs and thus maintains clean and hygienic surroundings. Also told the Community to use mosquito nets and cover the water tank with a lid, dressed in full sleeves and keep your home clean and take care of yourself.

Vaccination campaign against deadly Measles and Rubella virus

Pakistan rolled out a massive 2 weeks drive to immunize more than 90 million children in what officials hailed as one of world's biggest vaccination campaign against deadly Measles and Rubella virus infection. Children aged 9 month to 15 years across country will be immunized. MCHPC not only participated in the vaccination drive but also raise awareness among the community about the importance of vaccines and its role in elimination and spread of disease. This moves us one step closer to maintain Measles elimination and accelerating Rubella control, thus reducing overall child mortality across Pakistan. 1027 children received MR vaccine.





Typhoid Campaign

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Future Plan

- In the year 2022 we plan to expand the services of the center and provide free Ultrasound to deserving patients (already started in early 2022)
- We also plan to increase the community awareness on Child Rights, Dengue and Hygienic practices and cleanliness as the Covid effect wears off
- PAHCHAAN envisages the importance of primary health care and in the year 2022 plans to replicate these centers in other areas of Punjab, especially the far-flung rural areas where the health and community services are not easily available to the community.

2.4. Child Protection Unit (CPU)

"Child Protection Unit" is a specialized unit developed by PAHCHAAN at Children Hospital, Lahore for the optimum care and case management of abused and neglected children in hospital under its one of the ongoing projects "Bachay Mehfooz Achay". Children being physically abused, sexually assaulted, emotionally traumatized, or severely neglected are taken care of by trained health care professionals, psychologists and social workers through a pioneering effort of PAHCHAAN in collaboration with Child Rights Group of Pakistan Pediatric Association.

- Established in 2009 at Children's Hospital, Lahore
- **2205** cases of child abuse & neglect have been managed at CPU since 2009.

Reported Cases in 2021

In 2021 total no of CAN and SCAN cases reported to CPU were 197.

- Out of 197 cases, 11 patients were physically abused.
- 1 was unclaimed/abandoned baby.
- 8 baby girls were sexually abused.

- 16 were medically neglected.
- 1 was of acid ingestion cases.
- 36 cases were of different kind of traffic or road accidents.
- 22 were burnt cases.
- 172 cases were of neglect cases

Categories of Cases:

Neglect Cases	Physical Abuse Cases	Sexual Abuse Cases	Emotional Abuse Cases	Unclaimed Cases	Total Cases
173	11	8	5	1	197

Further Categories:

Neglect	Physical Abuse	Sexual Abuse	Emotional Abuse	Unclaimed	Total
History of Fall =86	Burning=9	Vaginal penetration=8	Rejecting = 5	Abandoned=1	197
Burn=22	Knife Cut	Vaginal and Anal penetration	Ignoring		
Medical Neglect=16	Throwing=2				
Toka injury=12	Beating with hard object=				
Acid ingestion=1	Pushing				
Road Accidents=36	Hitting				
Others= 0	Punching				

Gender details:

Male	Female	Total
102	95	197

Age Details:

0 to 3 yr	4 to 7 yr	8 to 11 yr	12 to 15 y	Total
60	74	43	19	197

Place of incident details:

Home	Road/Street	Relative's house	Unknown place	Neighbors house	School	Fields
132	25	15	18	3	2	2

Perpetrator's details:

Parents	Relatives	neighbor	Relatives	Others	Total
115	25	8	47	2	197

Suspected and Documented:

Suspected	Documented	Total
5	192	197

Highlighted Stories of 2021

Physical Abuse Case

Ameer Hamza



The patient Ameer Hamza is a 2-year-old boy who lived in Lahore. The child was presented at the Children's Hospital pertaining to his medical illness along his grandmother. The child had bruises and burns on his body that upon investigation was revealed that the child has been physically abused by his stepfather. His mother's first marriage ended after 1 year due to marital conflicts. She remarried a person who tuned out to be a drug addict and used to give dugs to her as well. The stepfather physically abused the child and the mother hit them badly. The patient was found with multiple bruises and signs of abuse on his body i.e. pull child's hair, burn him with cigarettes, slap his and kept him hungry. The child was found conscious but in pain. The patient was terrified of his stepfather. Upon the request of the grandmother the child was referred to the CPWB for protection however later on the arrival of the CPWB team the grandmother refused to hand over the child and took him home with her. The child is now being successfully managed by his grandparents and is making emotional and physical progress.

The grandparents of the child were psycho-educated and were offered financial, psychological and legal help.

Toka injury

M. Hadi shahid



The child (M.Hadi) was brought by a father for the medical treatment in children hospital. Ali Hadi is a 4years old child. He had a toka injury while playing with his older sister. The patient was playing with the machine and tried to put the grass in it however, he accidently put his hand near the sharp blade of the Toka machine resulting a severe injury as his fingers were cut off. As reported by the father there was no adult around and the child remained bleeding and later some time the help arrived. The child's father brought the child to the children

hospital in emergency. According to the doctors the child had lost his 4 fingers and requires surgery to close the wound. The family was psycho-educated about vigilant parenting. The child was kept on follow-ups to provide psychological assistance.

2.5. Ilm Power Learning Center (IPLC)



"Ilm-power Learning Center" a project by PAHCHAAN and University of Lahore is a first of its kind innovative center, situated in Walton Lahore for children who are out of school, mainly due to child labor or because their parents cannot afford to enroll their children in schools. Ilm Power learning center is based on semi-formal education system, we are not only book oriented but giving education by activity based learning method. Every child has the right to quality education regardless of socioeconomic background, religion and gender. In our center teachers are not harsh to students in fact they have created a friendly and participatory learning environment. In our center, we are providing education to children who spend hours working in workshops, children from minorities, children who are too old to be admitted in any other school and children from very underprivileged households. It was established in 2017 at Walton Colony, Lahore with collaboration of PAHCHAAN and University of Lahore.

2.6. Basti Learning Center (BLC)



"Basti Learning Center" is a non-formal basic education and life skills learning center established in Kachi Basti at Babu Sabu Interchange of Motorway. The center provides free education to children from garbage picker community who would have otherwise started begging on roadsides and streets. The project aims to join hands to help Nomad, Refugees, and Minorities through awareness and outreach activities with community towards hygiene, health and better lifestyle and provide good quality free education to their children.

2.7. Diabetic Child Initiative

PAHCHAAN and Meethi Zindagi joined hands to provide support to children with diabetes type 1. Meethi Zindagi will provide vaccination and medical support and PAHCHAAN will provide social support.



3. RERESEARCH & PUBLICATIONS

PAHCHAAN takes great pride in generating new knowledge through conducting researches and sharing that knowledge through organizing seminars, workshops, conferences and trainings to build capacity of caregivers, parents, doctors, researchers and activists. Many of our researches have been published in international journals of high repute and many other researches are in pipeline.

ELSEVIER

Child Abuse & Neglect

Volume 119, Part 1, September 2021, 104793



Understanding youth participation to volunteer for child rights

Mehek Naeem [a, b], Andleeb Zehra [b], Naeem Zafar [a, b], Waseem Akram [b], Salman Ghani [c]

Abstract

Background

Today, Pakistan has the highest percentage of young people in its history, who can become champions of child rights through channelizing their energy. Voices for Children's Aspirations and Needs (VCAN) student society at the University of Lahore is one such student body, working to promote child rights and eliminate violence against children.

Objectives

The study identifies factors contributing to young people's motivation to join VCAN student society working for children's rights and influence their participation in activities, along with attitudinal shift. The current study also attempts to find out effective mediums to engage youth in volunteering activities for the prevention of violence against children.

Participants

Sample (N = 40) was selected through purposive sampling from the VCAN Student Society at the University of Lahore.

Method

The data were collected through a questionnaire developed by the researchers (α = 0.86). Collected data were analyzed by finding descriptive statistics (mean, percentage and frequency) and paired samplet-test using statistics software, SPSS, version 21.0.

Results

Motivation for joining student society included wanting to work for the betterment of children (57.5 %) and to volunteer for the prevention of violence against children (47.5 %). There was a statistically significant difference (t=−4.16, p < .001) in the perception of participants about child rights before and after joining the society. Factors such as lack of required knowledge, unclear roles, and contrast between expected role and skillset (45.0 %, 42.5

%, and 40.0 % respectively) discouraged youth participation. 37.5 % of the participants considered WhatsApp as an extremely effective way to engage youth whereas 32.5 % reported Facebook as an extremely effective medium for the same purpose.

Conclusion

Student societies provide a great platform for students to be active for a social cause. Educational institutions should encourage and facilitate youth participation for such causes.

Asia Pacific Journal of Pediatrics and Child Health

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Volume 4, Oct - Dec 2021

Research Article:

Efficacy of Psychological First Aid Training on the Perceived Competence of Frontline Workers during COVID-19 Pandemic

Naeem Zafar [1,2,3], Mehek Naeem [1,2,3], Andleeb Zehra [1,2], Uzma Ashiq [1], Neelam Zohaib [1], Mohammad Moaz [1,3], Muhammad Imran [1]

Abstract

Background: Psychological First Aid (PFA) is a world-wide implemented approach to help people affected by an emergency, disaster, or other adverse events. It is an approach to assist people in the immediate crisis to reduce the initial stress as well as their short-term and long-term impacts.

Objective: The current study is designed to find out the effectiveness of providing PFA training to frontline workers during COVID-19 pandemic on their perceived individual competence to work in disaster and stressful situations.

Methods: The design of the current study was descriptive in and a quantitative survey was conducted to assess the effectiveness of the training on psychological first aid on the perceived competence of mental health professionals working as frontline workers in disasters situations. Sample of 67 participants was purposively selected from the total number of 97 participants who attended the complete two days in-person training and were willing to take part in the study. The Perceived Competence Scale for Disasters Mental Health Workforce was administered on the participants first at the start and then on completion of the training. This scale is comprised of 27-items to calculate individual perceived competence on disaster situations, including dimensions of knowledge, skills, attitudes and prevention of burnout.

Results: Findings of the current study also show a statistically significant difference in the pre and post training scores of psychological first aid regarding knowledge, skills, attitude and overall perceived competence of the frontline workers. Results indicate that knowledge, skills, attitude and overall perceived competence scores are higher after psychological first aid training than before training.

Conclusion: Findings highlight the importance of providing psychological first aid trainings to frontline workers and how it can contribute in strengthening perception about competence in managing disasters. Empowering the frontline workers by providing psychological first aid training is crucial in response to disaster management so that these workers can be prepared to help public in dealing with

trauma and stress. PFA trainings ensure the availability of skilled frontline workers in any disaster such as current COVID-19 pandemic.

Keywords: Psychological First Aid, Perceived competence, frontline workers, COVID-19



Child Abuse & Neglect
Volume 119, Part 1, September 2021, 104777



Professional team response to violence against children: From experts to teamwork

Naeem Zafar [a, b], Mehek Naeem [a, b], Andleeb Zehra [b]

Abstract

Background

Prevention and management of violence against children requires a multidisciplinary approach. Countries and regions tackle this problem according to their understanding and capacity, and therefore these teams work differently in different countries and regions.

Objectives

Current study is a bird's eye view looking at the response to violence against children through exploring multidisciplinary approaches and challenges in child protection in high, upper-middle, and lower-middle-income countries.

Participants

Participants for this study were selected through purposive sampling from eleven countries, one key informant from each country (N = 11).

Methods

Current study is qualitative in nature and phenomenological design was used. Key informants were approached through email, and semi-structured online interviews were conducted. Thematic analysis was used to analyze the data and several themes emerged.

Results

Capacity building systems are established in upper-middle and high-income countries, whereas lower-income countries are struggling with these systems, the Philippines having a better structured system. The process of child protection services is mostly similar except the availability of multidisciplinary teams, which lacks in lower-middle and even in upper-middle-income countries. These teams function relatively well in high-income countries although the lead role in these teams differs from country to country. There are many challenges in managing these teams in low-middle income countries. Child

protection systems are also reasonably well established in upper and upper-middle-income countries whereas gaps are visible between policies and implementation in lower-middle-income countries.

Conclusion

It is the responsibility of each country to protect children as per their commitment to SDGs. Although the functioning of multidisciplinary teams seems better in high and upper-middle countries, the low-middle income countries are trying to combat violence against children according to their priorities, some are doing better than others.

Challenges faced by school going children during school closure and reopening in Covid times

Mehek Naeem

Naeem Zafar
PAHCHAAN

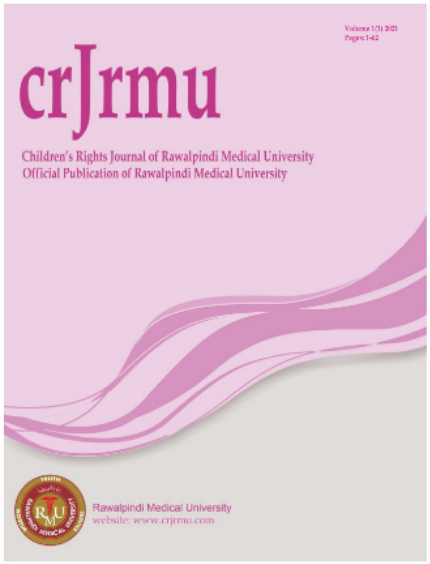
Uzma Ashiq

Rabiya Anjem

Neelam Zohaib

Muhammad Imran

Andleeb Zehra



Keywords: COVID-19, School Closure, School Re-opening, Academic Problems, Economic Problems and mental health, traumatic experiences.

Abstract

Background Covid-19 brought a diverse array of challenges for families, communities and people from all walks of life around the globe. Of these, school going children faced a number of issues. Numerous insights continue to be offered by the research community targeting the mental health challenges presented by school children as a result of school closure and reopening process. The focus of this study are the unexplored areas that will have an impact going forward on this generation of children after the reopening of schools and following a disruption in school-going norms as well as prolonged school closure.

Objective: The current study aims to explore the issues related to school closure and school re opening during covid-19 of school going children. The objective of this study is to identify the psychological, social and economic issues that accompany children attending school as they continue academic pursuits.

Method: Qualitative method of phenomenological research was used. A semi-structured interview and thought bubble technique was used to collect data. 16 participants (8 boys and 8 girls) from grades 8 to 10 were selected from public schools in Lahore.

Results: Findings from the current study show that children are substantially influenced by school closure and reopening the covid-19 pandemic. Uncertainty around new found routines or lack thereof left a psychological, academic, social and economic impact.

Conclusion: The process of school closure and reopening is reported to have a negative impact on the mental health of school going children. Owing to the expectation of snowballing effects, and possible long term mental health consequences, there is a need to address issues highlighted in this study. We suggest intervening using strategies that focus on supporting mental health rehabilitation after trauma, use of psychological health support sessions (i.e. in a group setting), psychological first aid and specialized services for those at higher risk based on individual case by case assessment.

Challenges, Opportunities and Moving Forward the Agenda of Addressing Maltreatment in Children with Disabilities - An Example from Pakistan

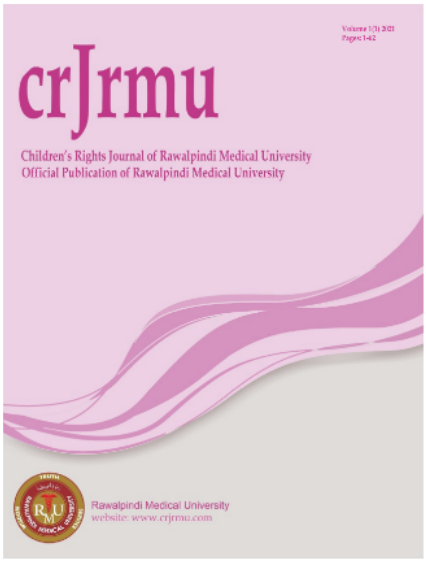
Mehek Naeem

Nabila Chauhdry

Naeem Zafar

PAHCHAAN

Keywords: Children with disabilities, child abuse and neglect, child protection, Pakistan.



Abstract

Background

Children with disabilities, are entitled to the same rights as enshrined in UNCRC because of the universality of this document. However, children with any kind of disability are at a much higher risk of maltreatment, especially in developing countries. This dynamic may be shaped by a lack of adequate laws, policies, trained staff, and coordination along with social context.

Objective: While writing this article, a detailed desk review was carried out to explore the policies and legislations relevant to rights and protection of children with special needs. A small study was also conducted to explore the present situation of children with disabilities in terms of abuse and neglect and how they can be safeguarded against neglect and abuse in Pakistan.

Materials and Methods: We did detailed desk review of policies and legislations regarding protection of children. We also conducted 10 in-depth interviews to understand the condition of children with

special needs in reference to child rights and child protection. Themes emerging from qualitative research are discussed to elaborate on the results.

Results: Lack of awareness, illiteracy, parental poverty are risk factors whereas the joint family system contributes positively to the protection of children with disabilities.

Conclusion: Linking with Pakistan's commitments, policies, laws, existing systems, and social context, this study provides an insight on challenges, opportunities, and how the rights-based agenda of protecting children with disabilities can be taken forward. However, for more in depth knowledge of situation more detailed research needs to be conducted.

Asia Pacific Journal of Pediatrics and Child Health

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Volume 4, Oct - Dec 2021

Editorial Note:

Psycho-social Impact of COVID-19 on Children

Naeem Zafar

Author's Affiliation:
PAHCHAAN Protection and Help of Children Against Abuse and Neglect, GIDAT Globark Institute of Development and Training

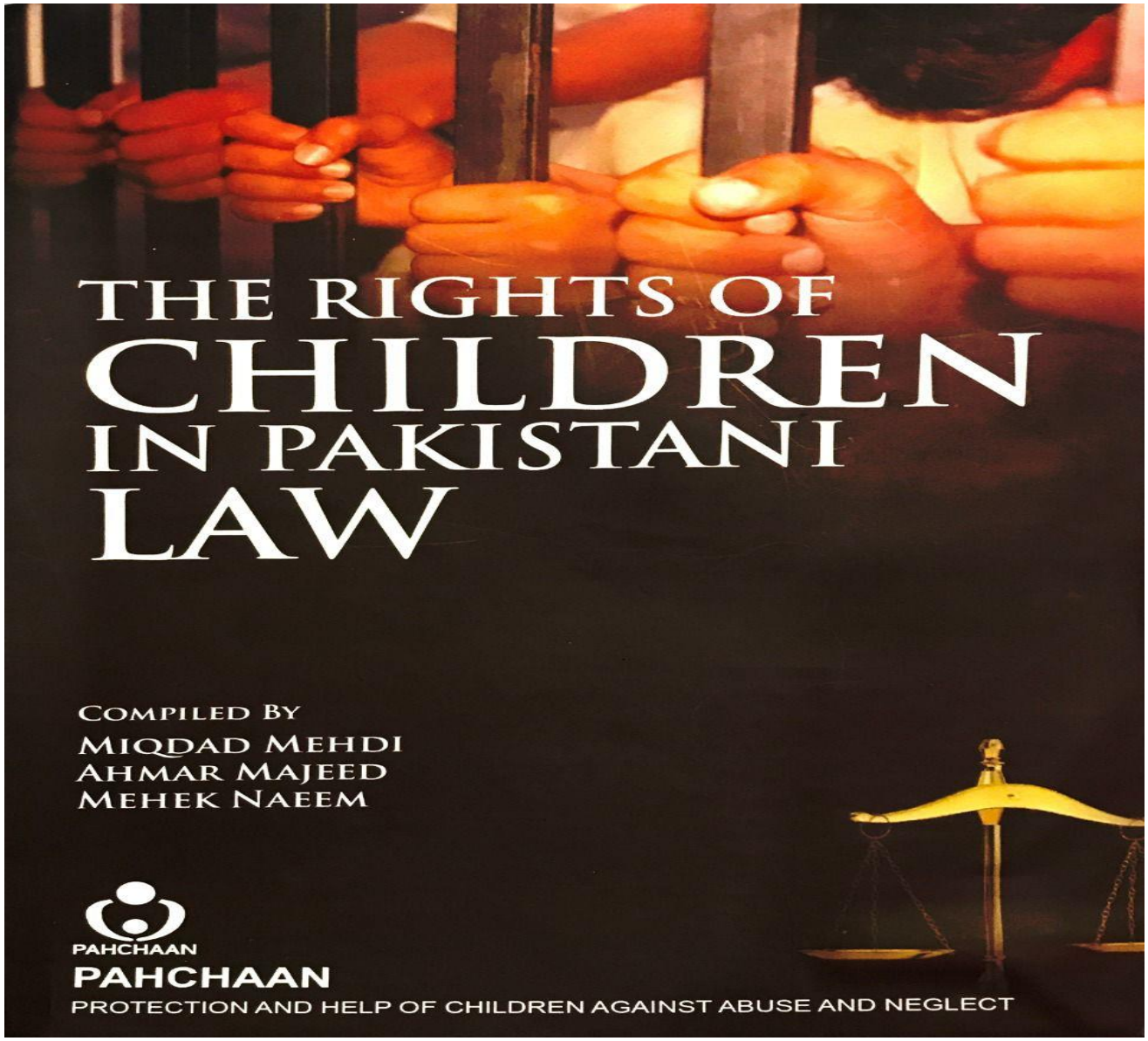
Abstract

At the close of 2021, two years after the first case of COVID-19 was reported, there have been more than 276 million cases and 5.3 million deaths worldwide due to this deadly pandemic. Despite administering more than 8.6 billion doses of vaccine globally, Europe is witnessing the highest peak of the disease with a record 2.7 million cases every week.1 There have been extremely few deaths and medical complications among children and young people directly attributable to the COVID-19 pandemic – about 12000 or 0.4 % of 3.4 million deaths 2 but it is estimated that more than 1.5 million children have lost at least one of their parents, grandparents, or caregivers.3

The children have been termed as its "biggest victims" because of the indirect social, economic, and psychological impact of COVID-19 as well as the measures taken by the governments and parents to either prevent its spread or mitigate its effects.4 The effects of this pandemic are more evident in Low- and Middle-Income Countries (LMIC) especially in terms of increasing maternal and child mortality with estimates of indirect under 5 deaths up to 1.1 million in a 6-month period.5 In fact, UN Secretary-General António Guterres has stated that "due to COVID-19, an unprecedented health, economic and social crisis is threatening lives and livelihoods, making the achievement of (Sustainable Development) Goals even more challenging." 6 The pandemic has also contributed to many development issues including increased poverty, learning failure due to prolonged school closures, falling apart of health systems, mental health issues, online child safety and increased violence against children.

30 Years of the Convention on the Rights of the Child: Challenges and progress in harm prevention

Edited by Sarah Brown, Bernard Gerbaka, Naeem Zafar
Volume 119, Part 1,
September 2021



1: The Rights of Children in Pakistani Law- Bare Act. (Fourth Edition) Lahore: Mehdi, M., Majeed, A. & Naeem, M (2021

4. OUR PARTNERS & COLLABORATORS

Government Departments

54. Child Protection & Welfare Bureau
55. Primary & Secondary Healthcare Department
56. Punjab Prisons Department
57. Social Welfare Department
58. Special Education Department
59. School Education Department
60. Literacy & Non Formal Basic Education Department
61. Human Rights & Minorities Affairs Department
62. Center of Clinical Psychology (PU)
63. Punjab Institute of Mental Health
64. Specialized Healthcare and Medical Education Dept.
65. Rawalpindi Waste Management Corporation
66. National Rural Support Program
67. Population Welfare Department, Punjab
68. Pakistan Bait-ul-Mall (Dar-ul-Ehsaas)

Civil Society Organizations

34. Faces Pakistan (Peace School)
35. Grass-root Organization for Human Development (GOHD)
36. Rising Sun Education & Welfare Society
37. Bunyad Literacy Community Council
38. Idara-e-Taleem o Agahi (ITA)
39. Diocese of Lahore Church of Pakistan
40. Christian Community Counselling Network
41. KASHF Foundation
42. SOS Children's Villages Pakistan
43. Pakistan Pediatric Association (Punjab)
44. The Salvation Army
45. Al-Khidmat Foundation (Aghosh)
46. Sanjan Nagar Public Education Trust
47. Family Planning Association of Pakistan
48. Labor Education Foundation, Lahore.
49. Calyx Foundation Pakistan.
50. Pakistan Girl Guides Association.
51. Society for the Protection of the Rights of the Children (SPARC).
52. Women in Struggle and Empowerment (WISE).
53. Roshni Homes Trust
9. Child Rights Movement (CRM)
10. National Action Coordination Group (NACG)
11. Punjab Welfare Trust for the Disabled (PWTD)
12. AIM Foundation,
13. Al- Faisal Markaz (Blind),
14. Al- Huda Women Organization.
15. Albarayak Waste Management Service
16. Taraqi Pasand Organization
17. Rohi Development Organization
18. Roshni Welfare Organization
19. Lasani Welfare Organization
20. Shahid Afridi Foundation (SAF)
21. Aqsa Welfare and Development Organization
22. Razaqia Welfare Foundation
23. Rural Health Welfare Society,
24. Christian Hospital
25. Protestant Churches
26. Social Welfare Council
27. National Rural Support Program,
28. Holy Trinity Church
29. Purcham Welfare Foundation
30. Shehri Ijtamai Tarqiati Council
31. Al-Watan Welfare Organization
32. Mother & Child Welfare Association
33. Search for Justice

International Collaborations

1. UNICEF
2. Country Partner International Society for Prevention of Child Abuse and Neglect (ISPCAN)
3. Global Partnership to End Violence Against Children
4. International Society for Social Pediatrics and Child Health (ISSOP)
5. American Academy of Pediatrics ICATCH
6. Affiliate of ECPAT International
7. Parenting for Life Long Health (Urdu Tip Sheets)
8. Boston University

5. OTHER ACHIEVEMENTS & AWARDS

- PAHCHAAN has been assessed Low Risk Organization by UNICEF through “PWC Ferguson”
- PAHCHAAN has been assessed Low Risk Organization in terms of safety at workplace from Sexual Exploitation and Abuse
- Only organization to receive three prestigious awards from ISPCAN
    - ISPCAN Presidential Medal 2004
    - ISPCAN Multi-Disciplinary Award 2006
    - ISPCAN Henry Kempe Award for young scientist 2018
- Abdul Qadeer Khan Award for Performance of Young Street Artists 2010
- LUMS- NGO of the month for more than a year running in 2009-10
- Dr. Naeem Zafar received Wasti Memorial Gold Medal for Meritorious Services from PPA Punjab 2012
- President of Pakistan Community Pediatrician Award (Gold Medal) PPA 2020
- Everyday Hero Award from International Center for Missing and Exploited Children USA 2021

PAHCHAAN

House #9, Street #38, Canal Park, Gulberg II, Lahore, Pakistan.
Phone: +92-42-35762612, 35871221, 03000659422
Email: info.pahchaan@gmail.com
Website: www.pahchaan.info

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