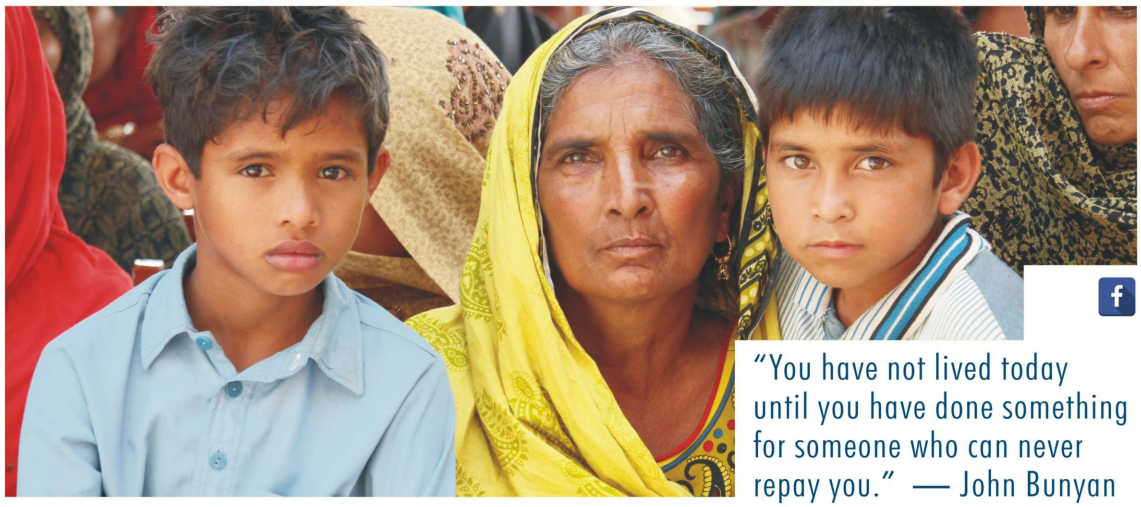
Let No Family Suffer Alone

October 2021

PAHCHAAN



"You have not lived today until you have done something for someone who can never repay you." — John Bunyan

Israr Wants To Be A Soldier.

Israr's father Muhammad Shabbir works 16 hours every day to make his family's ends meet. Eldest amongst his siblings, Israr is much wiser than children of his age. At such a young age, Israr willingly decided to support his family by working in a toy factory. His mother herself takes remote jobs to help her house run, saw that her son's dreams were at stake. That is when, listening from a field worker of PAHCHAAN who goes door to door to look for out of school children, she contacted *i/m* Power.

A 15 years old toy maker, Israr, is now all set towards his ambition to become a soldier. His life has really taken a U-turn after joining PAHCHAAN's *i/m* Power Learning Center.

We were in an awe to see a child who was so passionate about helping his family and also achieving his dreams. Joining us in 2018, Israr is now in 5th grade and his 5 younger siblings are also enrolled in our school. Now, Israr comes to school in the morning till afternoon and later continues his job at the factory. There is no doubt that education will uplift the life of Israr's family. We also try to provide all children like Israr with one meal every day, may it be breakfast or lunch but it all depends on the kind contribution of our donors. We have limited means but whenever provided with the resources, we never hold ourselves back. It is not only him, but hundreds of other children who lack the resources that can turn the fates of their families around. Your donations and Zakat can play the role of a miracle in their deprived lives.

PAHCHAAN & Meethi Zindagi

Great Life Despite Diabetes



PAHCHAAN is thrilled and hopeful in its collaboration with Meethi Zindagi; another step towards the welfare of mothers, their children with Type-1 Diabetes and the families as one. Both the organizations, devoting selflessly to the welfare of families, will not only reach beyond the bounds of cast, creed and color but surely will work hand in hand towards betterment of thousands of homes. With 16 years and 19 years of experience of PAHCHAAN and Meethi Zindagi respectively, together they count to 35 years of serving humanity magnanimously.

PAHCHAAN — Foundation of a Good Life!

16 years, is not a short time, yet if we see it in the terms of providing health, care and education to thousands of hand-to-mouth families all across Pakistan, it seems like the effort has just begun. The identity of these people is not just what their birth certificates say, it is every individual's physical attributes, personality, qualities, beliefs, creativity, expressions and the list is never-ending. PAHCHAAN's effort, is not for the present of a child, a mother or a family, it is their whole life.

In this newsletter, you will read the story of many like Sajida and Abdul Rehman, the beautiful children who got physically disabled at tender ages of 2 and 8 respectively. Helping them cannot be done by us alone, rather I want you to feel the pain of these children and their families as your own. Not only is PAHCHAAN trying to help them in their time of pain but also trying to set their paths straight. Sajida will not be recognized as a girl without her hand and Abdul Rehman will not just be a burnt child; their education, skills and confidence will indeed become their true identity, their real PAHCHAAN...

-Dr. Naeem Zafar
President PAHCHAAN



Read our full stories on Facebook PAHCHAAN, visit our Instagram PAHCHAAN or scan the respective QR Codes

foundation for a good life!

let us give these communities a new PAHCHAAN through education, healthcare and financial support.

My Son Fell From The 3rd Floor

"The phone call that I received shook the floor beneath my feet. My neighbor told me that my son had fallen off the third floor and in that moment, I could not think of anything except for the vilest possibilities. I did not know if I would ever hear my son call me *Maa* again. Those 30 minutes were invariably the longest 30 minutes of my life."



Scan our QR code to read further

Aima shall be educated! A dream that your support can turn into reality.

Aima's mother Naheed is humbled by PAHCHAAN's support through difficult times of her husband's declining health and an earning of just Rs. 15,000 per month. Naheed thanks *i/m* Power Learning Center that runs under PAHCHAAN for being her only solace. She is grateful to PAHCHAAN for not only enrolling her child for free quality education but also bringing out her talents and enhancing her intelligence. To know how Aima made it to *i/m* Power Learning Center, you can scan our QR Code.



Education Of 2 Daughters, Welfare Of Two Households.



9 years old Jessica

Abdul Razaq, a rickshaw driver and Jonathan, a sweeper by profession stood firm to educate their children regardless of their financial circumstances. All of Razaq's hopes were attached to Kunzal and Jonathan's to Jessica's future. They lived a life in which they could not afford even the basic education of their daughters especially once Covid struck globally. Their only hope for their girls to be independent was through *i/m* Power. When both of the families were at a crossroad and barely had enough to eat on their plates, our door to door community mobilizer reached out, looking for parents with passion to educate their children regardless of their financial circumstances.

With your help, we enable these children to become the chain breakers of illiteracy, poverty and suffering of their families. If the donations are kind enough, we also try to provide the children with one meal every day. You can bring so much betterment in the lives of these families. So support PAHCHAAN and become the light of hope for many such families. To know how both of these families were liberated with the help of our Center, scan the QR code and read their full stories.

2 Years Old Zainab Got Paralyzed (They Need Us)



"The fragrance always stays in the hand that gives the rose."-Hada Bejar

A 2 year old not only had to suffer from starvation but also ended facing paralysis.

Our sixteen years long journey has witnessed several ups and down but unfortunately, nothing has been as intense as Covid-19. The families that used to struggle to make two meals a day relying on their daily wages became jobless. The result of this downfall was disastrous for thousands of families living in underprivileged areas.

While Zainab was getting sick and weak day by day, the parents could not provide her the costly medical treatment. Situation got worse and she could not move her body, her father rushed to a government hospital. After examination and undergoing certain tests, her paralysis was revealed and our unit was contacted. We were already prepared for the worst, as the time of Covid has made us see beyond our worst fears. Zainab's case of paralysis was not the first one that reached us; the lack of resources had made many families suffer. Just like most of the cases mentioned in our newsletter, this family was also a victim of poverty leading to starvation.

PAHCHAAN realizes that if the root cause is taken care of, the whole family can live and prosper, as our support, reaches beyond the days of physical pain. It reaches their homes, their minds and their hearts to heal the core of issues. Step up today! Let their PAHCHAAN not fade away so that the essence of humanity never dies. Every rupee coming from you matters in giving a mother, a child and a whole family their own PAHCHAAN.

Biggest NGO drive of Typhoid, Attock to Bahawalpur
(for 10,000 children in Phase-I)

PAHCHAAN is proudly the first ever NGO in Pakistan to vaccinate children against Typhoid which is very dangerously expanding these days. Moreover, it is an expensive treatment because of extensive drug resistance amongst children and even adults. The typhoid vaccination provides protection against the disease for 3-4 years.

PAHCHAAN aims to vaccinate 10,000 children belonging to deprived communities, especially the ones with special needs for which we require an estimate of Rs. 5 million in the first phase. It is not just 10,000 individuals but 10,000 families that can live a pain-free life. In this time of turmoil, a secure life is important! **Your support of just Rs. 500 can secure a child's life for 5 years.** Contribute not for one but minimum 10 children securing at least 2 families.

Parents are taught that whether an electric appliance or a heating device, keeping a safe distance and taking precautionary measures is crucial.

"I Get 20,000 A Month As A Security Guard"...



Khizer, 9 years old

Allahditta and Mehmooda tried their best to provide for all their children even from his salary as a guard. With one earning hand they dreamt of educating their children and watching them become successful the way every parent aspires.

In their hand-to-mouth life and the house rent to be paid, this family had to take loans from their neighbors and relatives to even eat two proper meals a day. To read the full story of their son Khizer's journey to *i/m* Power Learning Center, follow our QR code...

Sajida's Family, A Story From Despair To Care.



"It's not how much we give but how much love we put into giving." — Mother Theresa

When 5 years old Sajida got her fingers cut in the toka machine, the unbearable pain made her scream in agony. The parents were devastated at the sight of Sajida's clothes covered in blood and her fingers on the floor, completely detached from her hand. Her parents could not understand the situation at all as panic surrounded their minds. After a lot of efforts, somehow they slowed the blood flow and brought Sajida to a local hospital in Lahore.

When PAHCHAAN came to know about this family in distress, we immediately met with the family. Even after we explained to the family that we were there to help, they were still reluctant of showing Sajida's hand to us. We understood their thought process completely knowing that in their mind that damaged hand had become Sajida's identity for life.

Sajida is only 5 years old and got her fingers cut off in a chaff cutter. (ٹوکا مشین) Her parents were devastated to see Sajida's little hand split into two pieces. In that moment, only PAHCHAAN could see beyond the present. How will this little girl live her life fully? How will she ever hold a pen to learn? How will she feel confident among all the children of her age? The work done today by Child Protection Unit will redefine all these possibilities.

After months of therapy and financial support, we steadily made Sajida's parents understand that through power of knowledge, financial support and skills, her cut off fingers will not be the thing people will remember her by. She will have an opportunity to strive and achieve her own PAHCHAAN.

We promise our donors that with their support, Sajida and many children like her can have their childhoods back. Our unit, may seem like it provides care and therapy only for children but in actuality we reach out to mothers, families and the communities as a whole. Support PAHCHAAN today!

Rehman's Parents Believe In PAHCHAAN



8 years old Abdul Rehman was electrocuted in the backyard of his house. While his family was in a state of disbelief, Child Protection Unit took charge of Abdul Rehman's care and proceeded. In our years of work, we had rarely seen so much damage done by an electric shock. The intensity of that electric shock had burnt most of his right side, especially effecting the leg. Our main concern was making sure that this child would live to see another day and walk on his legs properly.

An Alone Mother And Her Challenges...



Iqra has passed away now but her family is still being supported by PAHCHAAN.

By the time we started writing this newsletter, we received the case of Iqra, who was at that time hospitalized due to her weak heart and pneumonia at the age of 6 months. Looking at Iqra's critical state of health and her family's unspeakable financial circumstances, we tried our best to support this family in every possible way. Filled with hope, when we were about to conclude our newsletter, we received the very sad news of Iqra's passing away. Such cases reach us on a daily basis and we lose so many beautiful people too. Read with us and feel how your support can give these families another day. Stand with us today, somebody's life is in your hands. Scan our QR code and read the full story of many like Iqra's day-to-day life.

*The identity of children has been changed in this newsletter for the sake of confidentiality.

Child Protection Unit

In the past year and a half, things have changed beyond everyone's expectations. People with jobs became jobless, hopes turned into despair and happy families content with their hand to mouth lives turned into unstable households. In such situations, the projection of agitation, hunger and frustration gets hold of the family as a whole. Fortunately, Child Protection Unit, actively running for the welfare of families has been tirelessly putting an effort to provide mental and physical healing to the entire families.

To date, Child Protection Unit has provided comfort and solace to 2008 families and the number is growing as you read.

We acknowledge that regardless of the financial status, these families deserve care and protection in every aspect of their life. Every day, many distressed families reach out to us and we embrace them with open arms. We are fully aware that these children will become the torch bearers of their families in the coming few years. By providing them with care and compassion today, we can break the chain of distress that has been affecting generations after generations.

To accomplish our mission, we need your help. Every rupee you donate to us is a brick that will define the basis of the life of a child and without a doubt, their family as well. Help us find their true PAHCHAAN.



"Be the change you want to see in the world."

Shehzad Is Not Alone, PAHCHAAN Stands Next To Him

We at PAHCHAAN have our roots deeply ingrained into the physical and mental healing of not only one person but the whole families and the communities. Out of several cases that are brought to us on daily basis, one is the story of Shehzad. This 12 years old young boy who not only got severe burns from the electric shock but unfortunately may not be able to use his right eye ever again. Let us read into a little mistake that led him to Child Protection Unit.



12 years old Shehzad

Marriyum Clings To Hope

Married to be together through thick and thin, things changed for Rabia and Shafique in February 2020. In the blink of an eye, just like thousands of people all around the world, Covid not only threatened their bread and butter but also led their family to hospital for their first born, barely 3 months old. Marriyum hardly survived with the pain of a broken leg. No doubt, her pain is immense but the agony of her parents must be up to an extent that we cannot fathom. These are the families that are helped through your Zakat. Step forward and heal these families as whole. You can save them from pain, may it be physical or mental.

Ayesha's Declining Health; A Family's Struggle...



Ayesha from Okara

Child Protection Unit receives many cases every day. Most of these cases come from families who barely earn enough for one meal a day. In such circumstances, Ayesha was another child that became victim of the circumstances. There are several loop holes making these families more vulnerable to difficult situations. Raising children in itself is a huge responsibility but factors such as poverty and premature births just add to their downfall.

You can scan our QR code to read further

Contribute for their PAHCHAAN

Become a friend of PAHCHAAN and donate for education, ration, healthcare and counseling of mothers, children and families as a whole.

Monthly ration for 5 families with a child admitted in a hospital	**Rs. 35,000**
Travel and meal support for 5 children on follow-up	**Rs. 20,000**
Education for 10 children per month	**Rs. 18,000**
Medicines and rehabilitative aftercare for a child	**Rs. 50,000**
Sponsor a Mother and Child Health Promotion Centre for an year	**Rs. 500,000**

Please send your contribution to:

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PAHCHAAN

for further information visit us at: www.pahchaan.info



To protect these families we educate them regarding the damage electricity from unconcealed wires can cause so that their safety can be ensured.